Kingston Forklift Training Program

Kingston Forklift Training Program - The forklift is a common powered industrial vehicle that is in wide use nowadays. They are occasionally called hi los, lift trucks or jitneys. A departments store would make use of the forklift to load and unload products, whilst warehouses will use them to stack materials and products. And grocery stores use small models to drop stock in the aisles. Whether loading material at a construction site or transporting lumber at a sawmill, forklift operators are required to be trained correctly and licensed. The main concern should be on the safety of the worker and pedestrian. This lift truck training program teaches the health and safety regulations governing forklifts to be able to guarantee their efficient and safe utilization.

Forklift Training Program Safety Guidelines:

Correct training ensures that operators of forklifts are able to maintain control of the lift truck during traveling, lifting and tilting. Just skilled operators should operate a forklift.

While the forklift is in operation; head, arms, hands, legs and feet should be kept in the forklift. Forklift forks must be kept low to the ground while being slightly tilted back. Observe posted traffic signs. Honk the horn and reduce speed when taking a corner. If the driver's vision is blocked by the load, slowly drive backwards. Pre-check the ground for potential hazards, such as wet or oily spots, objects, rough patches, holes, people and vehicles. Prevent sudden stops.

If a person or vehicle crosses the blind spots of the lift truck, stop the truck, lower the load, and do not continue until the path is clear. If traveling on an incline, the forks should be pointed downhill without a load and uphill with a load. The lift truck should just be turned around when on level ground.

Safety guidelines when steering - Never turn the steering wheel sharply when traveling fast. Turn using the rear wheels and support the load by the front wheels. A truck which is overloaded will be hard to steer. Follow load limits. Never add a counterweight as a way to improve steering.

Safety guidelines when loading - Adhere to the suggested load and capacity restrictions of the lift truck. This information is displayed on the data plate. Always ensure that the load is placed according to the suggested load centre. The lift truck will remain stable as long as the load is kept near the front wheels.

Before inserting the forks into the pallet, the forklift mast should be in an upright position. Level the forks prior to inserting them.