## **Kingston Forklift Training School**

Kingston Forklift Training School - Forklift Training School - Industry and federal regulators have established the criteria for forklift safety training based on their existing regulations and standards. People wishing to operate a forklift must finish a forklift training program before utilizing one of these machines. The accredited Forklift Operator Training Program is intended to provide people training with the knowledge and practical skills to become a forklift operator.

Vehicle and Mobile Equipment safety rules that apply to forklift utilization involve pre-shift checks, and regulations for lifting and loading.

Prior to a shift starting, an inspection checklist must be done and submitted to the Instructor or Supervisor. If whatever maintenance issue is discovered, the equipment must not be utilized until the problem is addressed. To be able to indicate the equipment is out of service, the keys should be removed from the ignition and a warning tag placed in a visible location.

Loading safety regulations consist of checking the rating capacity on the forklift nameplate and knowing if the weight of the load falls within capacity. The forklift forks should be in the downward position when the forklift is starting up. Keep in mind that there is a loss of approximately one hundred pounds carrying capacity for every one inch further away from the carriage that the load is carried.

To be able to safely lift a palletized load, drive the forklift to the pallet and stop with the fork three inches away from the load. Level the mast until it is at right angles to the load. Raise the forks to one inch under the slot on the pallet and drive forward. Afterward lift forks four inches. Tilt back the load to be able to secure it for moving. Drive the lift backwards if the load obscures frontal vision. Check behind and honk in order to alert other staff. Never allow forks to drag on the ground.